

Tulane Resident and Fellow Congress  
Meeting Minutes  
March 10, 2022, 7pm

**FOR CLARITY/TRANSPARENCY:** These meeting minutes are not transcriptions. We are creating these minutes in order for there to be insight into the ongoing discussions of the TRFC. The summaries are not intended to be, nor are they capable of being, exhaustive. The commentary described below is not intended to reflect direct quotes and may not be comprehensively inclusive of all comments/questions/thoughts. Additionally, sensitive discussions/information may be omitted in the interest of respect for the persons coming to speak with us.

**I. Call to Order**

**II. Sub-Committee Updates**

1. Budget Sub-Committee (Chair: Treasurer, Dr. Blake Winston)
2. Membership Sub-committee (Chair: Secretary, Dr. Leslie R. Miller)
3. TRFC Resident Outreach Sub-committee
  - i. Call for volunteers
  - ii. Objectives: create content for TRFC social media platforms, monthly office hours, development of resident and fellow concern reporting system (QR code).
  - iii. Concern presented that QR code gathering concerns may become ineffective and burdensome. Alternative presented to connect QR code to TRFC website to inform residents and fellows who their representatives are and encouraging them to reach out to their representatives and to get updates from published meeting minutes. Consensus achieved that this is the path we should take.
4. GMEC Representative
  - i. Call for volunteers to serve as resident voice at GMEC meetings. Meetings are now biweekly.
5. By-Laws Sub-committee
  - i. Updated By-laws Approved by TRFC, submitted to GMEC for review and approval

**III. Old business**

1. Bylaws Update- submitted, pending approval by GMEC
2. Budget Concerns Update
  - i. Plan to submit proposal on plan for spending TRFC this year soon for approval vote.
3. Update of EDI grand rounds with Bennetta Horne
  - i. Ongoing coordination and planning.
4. ACGME Site Visit Results: Continued Discussion, no new updates since last TRFC meeting. Next ACGME site visit in August 2022.
5. Resident stipend update: no new updates since last TRFC meeting

**IV. New Business**

1. **Annual Meeting Planning:** Plan to have Annual meeting May 6<sup>th</sup>, 2022 at The Fly to provide updates on TRFC accomplishments and plans for next year;

followed by large Resident and Fellow Annual Party after with Cinco de Mayo theme.

2. **Working on organizing TRFC Thursdays:**
    - i. **Office hours (2<sup>nd</sup> Thursday every month, noon-1 pm) in Tulane Hospital Resident Lounge:** Call for volunteers. Will plan to send Google doc for volunteering for office hour dates. TRFC reps would spend this hour to be available for residents and fellows to come have face-to-face discussions. Plan to start April 7th.
    - ii. **Quarterly TRFC open forum, all residents and fellows invited:** via zoom June 9th, Sept 8th, Dec 8th from 6-7 pm before TRFC meetings.
      1. **Link:** <https://tulanehipaa.zoom.us/j/91064326157>
    - iii. Upcoming GME Town Hall March 31<sup>st</sup> 6-7 pm, followed by **TRFC Open Forum after at 7 pm for residents and fellows only without presence of administration.** Plan to introduce TRFC QR code linking to TRFC website and do an exercise utilizing the resource. De-identified meeting minutes will be published with concerns brought up and addressed.
    - iv. TRFC representatives strongly encouraged to attend and reach out to our programs to encourage attendance.
- V. **Open floor for new business** (*Open floor is an opportunity for committee members to present items for new business to be addressed at the next TRFC meeting. This is an excellent opportunity for TRFC Representatives to bring resident and fellow concerns to the committee and add them to the agenda.*)
1. Concern brought up that membership of GMEC is not public information. We will reach out to GME to inquire about making this information available. Resident concerns that many program directors sit on GMEC and requesting transparency on membership.

## VI. Adjourn

## VII. Attendance:

1. Andy Pham (TRFC President 2021-2022)
2. Mary Jenkins (TRFC Co-VP)
3. Megan Lerner (TRFC Co-VP)
4. Leslie Miller (TRFC Secretary, President-Elect 2022-2023)
5. Katie Cox (Faculty Advisor)
6. Danae Brierre
7. Alison Key
8. Barley Halton
9. Barret Hawkins
10. Elora Apantaku
11. Jemimah Chen
12. Nina Hein
13. Oyinlola Oshinowo
14. Stephanie Goddard

15. Sahithi Goddard
16. Jonathan Schuon
17. Austin Hansen

### Upcoming Events:

- 3/31/22, 6-7 pm: GME Town Hall, food provided
- 3/31/22, 7-8 pm: TRFC Open Forum (in-person & via zoom)
- 5/6/22, 6:30 pm: TRFC Annual meeting followed by Resident & Fellow Cinco de Mayo Party. Location TBD.
  - OPEN TO ALL RESIDENTS AND FELLOWS. Food sponsored by TRFC.
  - There will be opportunity to nominate yourself or others to represent your program on next year's TRFC at this event!
- 6/9/22, 6-7 pm: TRFC Open Forum via zoom <https://tulanehipaa.zoom.us/j/91064326157>
- 9/8/22, 6-7 pm: TRFC Open Forum via zoom
- 12/8/22, 6-7 pm: TRFC Open Forum via zoom
- July 2022: TRFC representative elections

### Resource List:

- Mental Health Resources:
  - Find resources via Tulane Companion App: Support > Trainee > Psychotherapy and Psychiatry in New Orleans.
  - Find a therapist at: <https://www.psychologytoday.com/us/therapists>
- **TRFC Website:** <https://medicine.tulane.edu/graduate-medical-education/resident-and-fellow-congress-trfc>
  - Please visit our website to find out who your TRFC reps are and reach out to them with any questions or concerns. If you are interested in leadership, please consider running for TRFC next year!
- Professionalism Reporting System: <https://medicine.tulane.edu/student-affairs/professionalismenvironment-learning-program>
- Professionalism Task Force website: <https://medicine.tulane.edu/student-affairs/professionalismenvironment-learning-program/professionalism-task-force>
- GME website: <https://medicine.tulane.edu/education/graduate-medical-education>
- Tulane Retirement Plans are available, but Tulane does not match contributions. TIAA customer service representatives have been helpful to individual residents in setting up retirement plans.  
[https://hr.tulane.edu/benefits/retirement#:~:text=Tulane%20currently%20offers%20four%20retirement,c\)%20tax%2Dexempt%20organizations](https://hr.tulane.edu/benefits/retirement#:~:text=Tulane%20currently%20offers%20four%20retirement,c)%20tax%2Dexempt%20organizations)