

KREWE OF PSYCH

Tulane Psychiatry and Behavioral Sciences Departmental Newsletter



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Message from the Chair

By John W. Thompson, Jr., MD



It has been a tumultuous year and a half for the world. Almost all of us have faced new challenges, suffered losses, and have done our best to navigate our "new normal" as best we know how. Our department is no exception to this. However, even in the midst of these difficulties and annoyances, we have still made

important strides as a department. The Psychiatry and Behavioral Sciences department recently created a Chief Equity, Diversity and Inclusion Officer position. Of our 11 incoming residents, six of them are BIPOC. We are using our job openings to give special consideration to minorities. These efforts are slowly but surely moving the needle to fall more in line with departmental and university-wide EDI goals, and we're excited about our part to play in this work.

I also want to take a moment to recognize all the volunteers, including staff, faculty and residents, who stayed behind during Hurricane Ida to perform essential services. Thank you for going above and beyond to answer the call of those in need, and for the not inconsiderable sacrifice of your time and energy in that moment of crisis.

Lastly, I wanted to extend my thanks and a few words of encouragement to all. Your work does not go unseen and unappreciated. As our country grapples with problems like Ida, the Delta variant and humanitarian crises around the globe, the work of our department has a significant impact on the suffering that accompanies such issues. It is our privilege to be able to lend a hand, and I thank all of you for your hard work to make everything we do possible.

In Case You Missed It: Faculty Features

Check out our faculty members' features from around the web!



Dr. Allison Boothe Trigg was featured in the Wassau Pilot and Review in an article titled "[Mental Health Support In Preschool May Help Lower Sky-High Expulsion Rates.](#)"

Dr. Charles Zeanah was featured in FEE in an article titled "[Did Pandemic Policy Make Americans More Aggressive?](#)" He was also featured in Street Roots in an article titled "[Lack Of Placement Stability For Oregon Foster Youth Causes Traumatic Disruptions.](#)"

(Left) **Dr. Brian Benson** was featured on the American Society of Addiction Medicine's Facebook page as part of National Addiction Treatment Week. (You can click the image at left to view his video.)

If you are featured in a publication, please forward the link to [Lora Ghawaly \(lghawaly@tulane.edu\)](mailto:lghawaly@tulane.edu) to be included on our website and in our next newsletter.

2021 Virtual Graduation

If you haven't watched the 2021 Virtual Graduation, click on the computer below to view a recording of the ceremony.



Dr. Angela Keyes is new EDI Officer



It is with great pleasure and excitement that we announce that **Angela Keyes, PhD** has accepted the position of **Equity, Diversity, and Inclusion Officer** for the Department of Psychiatry and Behavioral Sciences.

In this new position, Dr. Keyes will provide vision and leadership, promoting a departmental culture that values and supports equity, diversity, and inclusion. She will work closely with the sections of Psychiatry and Behavioral Sciences and Tulane University School of Medicine leadership. The EDI Officer will also serve as the chair of the existing Equity, Diversity and Inclusion Committee within the department.

Dr. Keyes is an exceptional choice for this role, as she has been at work on a variety of EDI initiatives for almost 20 years. The department truly appreciates all the supportive work Dr. Keyes has already done to merit consideration for this position, and we look forward to seeing what she will accomplish and how we can support her as we all strive to create a more equitable, diverse and inclusive Psychiatry and Behavioral Sciences department.

[Congratulations, Dr. Keyes!](#)

Celebrating the Life of Daniel Winstead, MD

By Dr. Patrick O'Neill



Daniel Winstead, MD passed on the morning of August 10th, 2021. His son Teddy was able to be there at his side. He is survived by his son Theodore (Teddy) and daughter Laura, as well as three grandchildren, Sebastian, Ainsley and Connor. He is predeceased by his wife Jenny.

Dan was born in Cincinnati, Ohio in 1944 and graduated from the University of Cincinnati in 1966. Following graduation from Vanderbilt University School of Medicine in 1970, Dr. Winstead returned to the University of Cincinnati and the Cincinnati General Hospital for training in adult and child psychiatry. From 1973-1976, he served at the U.S. Army Hospital in Nuremberg, West Germany.

In 1977, he returned to the United States as Chief of Psychiatry of the New Orleans Veterans Administration Medical Center, and as a faculty member at Tulane University School of Medicine, Department of Psychiatry and Neurology. He served as Associate Chief of Staff for Education at the New Orleans Veterans Administration Medical Center from 1979-1987, and Director of Psychiatric Education at Tulane from 1983-1987. He was Acting Chairman from 1986-1987, and named Chairman of the Department of Psychiatry and Neurology in 1987. He was invested as the Robert G. Heath Professor of Psychiatry at Tulane University School of Medicine in May 1993, for his demonstrated research competence and leadership ability.

His research interests were both basic and clinical in nature. He published extensively in the psychiatric literature. He was active in many professional organizations, including the New Orleans Area Psychiatric Association, the Louisiana Psychiatric Medical Association, and was a fellow in the Society of Biological Psychiatry, and a Distinguished Fellow of the American Psychiatric Association, Fellow of the Academy of Psychosomatic Medicine, and the American College of Psychiatrists.

Dan was president of numerous national psychiatric organizations, including the Academy of Psychosomatic Medicine, American Association of Chairs of Departments of Psychiatry (2000-2002), and was former Chair of the ACGME Residency Review Committee for Psychiatry. In December 2007, he completed two terms (eight years) as a Director of the American Board of Psychiatry and Neurology, where he served as president (2006). He also was president of the American College of Psychiatrists (2012).

He received numerous awards and honors during his career, including the Psychiatrist of the Year Award, Louisiana Psychiatric Association Award, Menninger Award, American College of Physicians (2010) Award, Presidential Commendation Award, and the American Psychiatric Association Award.

Presentations Given By Our Faculty, Staff and Trainees

The department is delighted to see the robust number of presentations that our faculty have given, despite being in the middle of an ongoing pandemic. We are proud of the dedication our faculty show to their teaching duties.

Please click on a faculty member to be taken to their webpage, which lists their presentations.

[Jon Buckley, MD](#)

[Rachel Hammer, MD](#)

[Bess Hart, LCSW](#)

[Angela Keyes, PhD](#)

[Julie Larrieu, PhD](#)

[Amy Mikolajewski, PhD](#)

[Devi Miron Murphy, PhD](#)

[Karen Remer, LMSW, PhD](#)

[A. Kenison Roy, III, MD](#)

[Jeffrey Sibrack, MD](#)

[L. Lee Tynes, MD, PhD](#)

[Shani Venner, MBBS](#)

[Ashley Weir, LCSW](#)

[Charles Zeanah, Jr., MD](#)

Psychiatry and Behavioral Sciences Department Scholarly Activity

Our faculty have been hard at work on a variety of scholarly endeavors. Here, we share and celebrate their commitment to academic achievement.

Please click on a faculty member to be taken to their webpage, which lists their scholarly activity.

[Sara Gershen, LCSW](#)

[Rachel Hammer, MD](#)

[Alyssa Lindrose, BS](#)

[Lauren Meaux, MA](#)

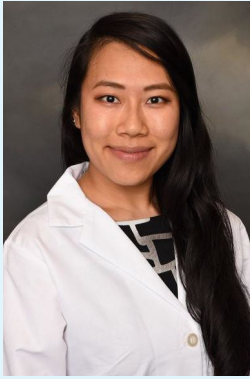
[Amy Mikolajewski, PhD](#)

[Michael Scheeringa, MD](#)

[L. Lee Tynes, MD, PhD](#)

[Charles Zeanah, Jr., MD](#)

Psychiatry and Behavioral Sciences Department Welcomes New Faculty



Dr. Fei Chen

Dr. Fei Chen's professional interests include providing comprehensive psychiatric services for patients with autism and developmental and intellectual disabilities through TCARD. She aims to improve access to mental health services for children aged 0 and up through collaboration with members of the community to improve screening and identification of children who could benefit from early intervention.



Dr. Kasia Plessy

Dr. Kasia Plessy has research and clinical interests in addressing discrepancies in child mental health treatment utilization, particularly among underserved and racially diverse communities. As part of the TIKES program, she provides mental health consultation and educational training to caregivers in early childhood education settings. She is also a reflective supervisor for other mental health professionals and educators.



Dr. Taylor Terrebonne

Dr. Taylor Terrebonne is a licensed psychologist whose clinical work includes the provision of evidence-based psychotherapy and integrated psychological assessment for adult populations. She specializes in treatment of trauma-related disorders with expertise in working with individuals who have experienced sexual trauma. Her clinical work also includes the use of telehealth as a modality of care. Additionally, Dr. Terrebonne's research focuses on the training and supervision of doctoral students.



Dr. Kurt Wall

Dr. Kurt Wall's academic interests include clinical teaching, working with underserved populations, and caring for patients with complex medical and psychiatric comorbidities. He is excited to develop a breadth of inpatient experience, to provide mentorship to residents and students, to continue to learn from his excellent mentors in the Tulane Med-Psych department, and to marry his fiancée, Yasi, in the spring of 2022.

Psychiatry and Behavioral Sciences Department Grants Submitted

Dr. Julie Larrieu: "Early Trauma Treatment Network" - 2021-2026 Principal Investigator: Alicia Lieberman, Ph.D. Tulane Subcontract PI: Julie A. Larrieu, Ph.D., Co-PIs, Angela Breidenstine, Ph.D., Devi Murphy, Ph.D., & Charles Zeanah MD. Funded by the Substance Abuse and Mental Health Services Administration; \$510,950.00.

Bess Hart: 2021 Postpartum Support International Community Engagement Grant, \$10,000.

Dr. Charles Zeanah: Training Grant, Infant Mental Health, Irving Harris Foundation, \$465,000.

Psychiatry and Behavioral Sciences Department Grants Awarded

Bess Hart: 2021 Postpartum Support International Community Engagement Grant, \$10,000.

Dr. Julie Larrieu: "Early Trauma Treatment Network" - 2021-2026. Principal Investigator: Alicia Lieberman, Ph.D. Tulane Subcontract PI: Julie A. Larrieu, Ph.D., Co-PIs, Angela Breidenstine, Ph.D., Devi Murphy, Ph.D., & Charles Zeanah MD. Funded by the Substance Abuse and Mental Health Services Administration; \$510,950.00.

Dr. Devi Miron Murphy: R01HL151848, Slopen (PI) 09/01/2020-08/31/2025, NHLBI, \$3,575,911. The Effects of Early Psychosocial Deprivation on Cardiometabolic Risk in Early Adulthood. Stacy S. Drury, Co-investigator; Charles H Zeanah, Co-investigator.

Dr. A. Kenison Roy: PI for HRSA training grand for Addiction Medicine Fellowships.

Dr. Amy Mikolajewski: NIH/Eunice Kennedy Shriver National Institute of Child Health & Human Development, 1K23HD096052-01A1. Project Title: Psychophysiology and Social Processes in Very Young Children with Externalizing Problems. Project Period: 04/01/2019 - 03/31/2024. PI: Amy Mikolajewski. Direct Costs: \$96,295 FY21; \$501,549 total.

Dr. Michael Scheeringa: 2019 NIH R24 HD096350-01, (Keenan, PI) Role: Consultant (local PI Devi Miron-Murphy). The aims are to develop online psychotherapy modules to treat PTSD in youths following injuries. 8/10/18 - 8/9/23 Total Direct Costs \$2,958,550 (Tulane subcontract \$92,355).

Dr. Charles Zeanah: R01HL151848, Slopen (PI) 09/01/2020-08/31/2025, NHLBI, \$3,575,911. The Effects of Early Psychosocial Deprivation on Cardiometabolic Risk in Early Adulthood. Stacy S. Drury, Co-investigator; Charles H. Zeanah, Co-investigator.

Psychiatry and Behavioral Sciences Department's Professional Awards

The department would like to extend our congratulations to our faculty on all the hard work they have put forth this year. These awards are very well deserved and are a testament to the talent of the individuals whom we are proud to count as colleagues and friends.

Dr. Jon Buckley joined the Ethics Committee for the Louisiana Psychiatric Medical Association in July 2021. In April 2021, he was re-elected at the Early Career Psychiatrist representative for the Louisiana Psychiatric Medical Association.

Dr. Stacy Drury was recognized for her exceptional research at the first Tulane University Research, Scholarship, and Artistic Achievement Awards Ceremony held on November 4, 2021. She received the Convergence Award, which honors scholars or teams who collaborate across fields and departments to transcend traditional academic disciplines.

Dr. Richard Heifner was selected as Chief Resident for the 2020-2021 academic year. He also received the Schexnayder Award (for committing to practice in Louisiana post-graduation).

Dr. Amy Mikolajewski was given the Louisiana Psychological Association's Early Career Award. "This award is given to an individual who is within 10 years of completing their doctorate in psychology and who has distinguished themselves by contributing to psychology research, practice, or both during the initial years of their career."

Dr. Leslie Miller received an Owl Club Award for Best Pediatrics Upper-level Resident 2021, and a nomination for Best Psychiatry Resident 2021.

The Owl Club is the student organization for academic excellence. Owl Club Awards commend excellence in medical education and are voted on by the medical student body of Tulane University's School of Medicine. Dr. Miller also received the Children's Hospital of New Orleans's 2021 Ideal Team Player Award 2021. This is a peer-nominated honor, reviewed and selected by an Office of Medical Education committee, and is awarded to residents described by peers as humble, hungry (proactive, diligent, self-motivated), and demonstrating high emotional IQ.

Dr. Pat O'Neill joined the APA Annual meeting Program Committee for the New Orleans meeting in May 2022. He is also a Tulane University representative to the Louisiana State Board of Medical Examiners.

Dr. Sherry Liang (Internal Medicine) was nominated for UMC Intern of the Year, and **Dr. Danielle Takai-Castioni** (Psychiatry) was selected as UMC Intern of the Year.

Dr. Charles Zeanah was selected as one of Louisiana's Top Doctors of 2021.



Personal News from Psychiatry and Behavioral Sciences Department

After the uncertainty of the past two years, we are excited about the good news members of our department have shared with us.



Dr. Richard Heifner (right) took at job at SLVHCS, where **Drs. Costantino "Dean" Surdis** (left) and **Ahmed Siddiqui** (center) will also be working. They are pictured here at a dinner celebrating their employment offers and acceptance.



Dr. Pat O'Neill's grandson, Beckham Bergeron, was born in December 2020.

Emergency serotonin!

Click the photo of **Dr. Roy's** grandson, William (right), to see some adorable dance moves.



On April 24, 2021, **Dr. Jon Buckley** married **Dr. Shelby Montgomery Buckley**, who joined the Psychiatry department in July 2020 as a Psychiatry Resident.

Dr. Savannah Holloway gave birth to her daughter, Meera Grace Patel, on January 15, 2021.

Dr. Dean Robinson celebrated his 40th wedding anniversary in June 2021, as well as 40 years as a physician.

Dr. Michael Scheeringa's new book is being published in November 2021: Scheeringa, MS. *The Trouble With Trauma: The Search to Discover How Beliefs Become Facts*. Las Vegas: Central Recovery Press.

Tracey Thomas's son Eric Thomas, Jr. married his college sweetheart Manuela Gaviria this past May. They met a Tulane while pursuing their undergraduate degrees. Manuela is in her fourth year of medical school here at Tulane.

Personal News from Psychiatry and Behavioral Sciences Department



After years of hard work, **Bess Hart** is buying her first house (left) for her 40th birthday. She and her family (below) are looking forward to making the house a home.



The Zeanahs enjoying some summertime self-care.



Psychiatry staff celebrate Holiday Spirit Week



Tulane MedPsych 2021 retreat



GETTING IN TOUCH

A questionnaire will be sent out to the entire department at least twice a year to gather information for this newsletter. If you would like to provide information for the next newsletter as it comes up, please contact Lora Ghawaly at lghawaly@tulane.edu.